

ADVANCED VOLLEYBALL CLASS SYLLABUS

Welcome to Advanced Volleyball. You will be building on the skills acquired from the beginning VB class or other experiences picked up while playing outside the school setting. The goal of the class to prepare you for a successful tryout with the high school or local club team. Or just to raise your volleyball abilities to a higher level.

You will be getting into good physical condition while learning more about the game of Volleyball.

INSTRUCTOR INFORMATION:

Kevin Kornegay, Valencia High School PE Department Chair. He has been a teacher in the Wm S. Hart District since 1989. He received his Bachelors Degree of Exercise and Sports Science from the University of Utah (1988) and his Masters Degree of Education from the University of La Verne (1995).

PREREQUISITES:

Pass the beginning volleyball class with a “C” or above. Or have prior volleyball experience. Must have teacher approval.

COURSE OBJECTIVES:

- Students will learn to work in teams
- Students will reinforce the basics: Passing, setting, serving, and hitting
- Students will increase their individual fitness level throughout the semester
- Students will practice fairplay, sportsmanship, and team work everyday

REQUIRED COURSE MATERIALS:

Valencia PE shirt and shorts with “last” name clearly printed on them in space provided. Wear rubber bottom shoes with laces and socks. Boots, slippers, and flip flop beach shoes are not allowed. Proper shoes must be worn at all times.

Please leave all jewelry, glasses, and cell phones in your locked PE locker.

RULES:

Volleyball rules are located on the PE website.

QUESTIONS:

Email is the best way to get a quick response to any questions you may have.

Contact Info: Kkorneg@hartdistrict.org

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VALENCIA HIGH SCHOOL

Kevin Kornegay kkorneg@hartdistrict.org

Course Outline Certification

Please sign and return this certification indicating you have read and understand the information on the course outline

Teacher: _____ **Period:** _____

Student Name (Print): _____

Parent/Guardian(Print): _____

Note to teacher:

My signature below indicates that I have read and understand the requirements for this class as outlined in this course orientation.

Student signature: _____ **date:** _____

Parent/Guardian signature: _____ **date:** _____

Parent/Guardian signature: _____ **date:** _____