

**DEPARTMENT OF PHYSICAL EDUCATION
VALENCIA HIGH SCHOOL
STUDENT / PARENT GUIDE TEST**

Name: _____ Date: _____ Period: _____ Teacher: _____

Answer the following questions as thoroughly as you can.

Please write clearly!

1. What was the purpose of the Student / Parent Guide?
2. It is the philosophy of the Physical Education Department to improve the Individual _____ of each student.
3. Dress and participation is _____% of your overall grade.
4. Where do you purchase your PE clothes and Lock?
5. True or False: You may purchase your PE clothes before school, at brunch, or at lunch.
6. How many points will you lose for a non-dress?
7. Valencia Attendance Policy: When a student is absent _____ days from class in one semester they are subject to a failing grade for that class.
8. True or False: If your teacher takes second roll, and you have left the PE area, you will be truant from class.
9. The Student / Parent Guide contains seven locker room rules. Name 2 of them:
10. True or False: If you do not empty your locker by the last day of the regular school year, your lock will be cut off and its contents thrown away.
11. When should a parent excuse be given to the nurse?
12. When should you report an accident?
13. True or False: The PE Department recommends athletic supporters are worn during physical education class.
14. **Short Essay:** You are a PE teacher for a day. What things would you do to promote fitness and/or an active lifestyle? Use the back of this sheet if needed!